



Souhegan Crew Club Attendance Policy

Athletes are expected to attend and be on time for all practices and regattas except for extenuating circumstances or illness.

The team depends on every rower to be at his or her oar and for coxswains to be in position in order to start practice. One person missing has a domino effect on all boats and affects the entire team for that day's practice or race.

- All absences and late arrivals must be reported to coaches@baboosiclakerowing.org.
- Athletes are not permitted to participate in crew practice on a day they were absent from school due to illness.
- Practice times are posted on the [club calendar](#). Athletes should be ready to row/practice in their rowing or practice gear before the start of practice, or risk doing additional jump squats.
- Practices, regattas, and other structured events are on the club calendar. Athletes are responsible for knowing when attendance is required.
- Absences (excused or unexcused) or tardiness may affect boat placement and eligibility to race in a regatta.

Examples of excused absences:

- The athlete or parent reports the absence by 10:00 AM on the day of practice and by 7:00 AM on Saturdays.
- The athlete leaves school early for illness and it is reported before the start of practice.
- The athlete is sick at the end of the school day and sends a text to their coaches ASAP.
- The athlete has a short notice doctor's appointment for a current illness (NOT a routine visit).
- The athlete reports an absence three weeks prior to a planned regatta.
- The athlete reports an absence at the same time they sign up for other obligations (SAT/ACT testing, College Visits, Theater, Tech Crew, etc.).
- Leaving land practice at 4:20 PM to attend driver's ed class. Missing water practice for driver's ed is NOT allowed. Preferably, driver's ed would be scheduled outside of the crew season.

Note: Absences due to routine doctor/dentist/orthodontist appointments, regular homework, social events, work, activities outside of school, etc., are not excused absences.

Late arrivals and early departures:

- Athletes who anticipate a late arrival of less than 20 minutes must notify the coaches by 10:00 AM.
- Late arrivals greater than 20 minutes are unexcused unless previously discussed with the coach. If this occurs for a water practice, the athlete will not row that day.
- Early departures from water practice cannot be accommodated.
The coach's launch is a safety vehicle and cannot leave unattended rowers on the water to pick up a rower who arrives late for practice or to deliver a rower back to the dock for an early departure.